



ROTALORE The weekly bulletin of the ROTARY CLUB OF MANGALORE

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www.rotarymangalore.com

- President
 Rtn. PHF Archibald Menezes
 +91 97411 62025
 archiemenez@hotmail.com
- Secretary
 Rtn. PHF U. Vishal Mallya
 +91 99723 37877
 mallya_uv@hotmail.com
- Editor
 Rtn. PHF Ashwin Pai Maroor
 +91 98455 48737
 ashwinpaimaroor@gmail.com

Program Today

12.11.2020

THE SECRETS AND POWER OF BREATH

Bv

Ms. Archana Shah Anns Invited





Rotex fills the gap after Rotary Youth Exchange After returning home, many students miss their lives abroad. Rotex helps keep the international connections going

by Diana Schoberg Illustration by Viktor Miller Gausa

Riikka Muje had a fantastic time when she lived in Brittany, France, in 2011-12 as a Rotary Youth Exchange student. "At the beginning it was hard," she recalls. "I didn't speak the language. I didn't know anyone. But then it's amazing how you can form a life in another place."

After her exchange, adjusting back to life in her hometown of Rovaniemi, Finland, was just as hard — until she joined a Rotex alumni association, Rotex for short. Rotex alumni associations are groups of Rotary Youth Exchange alumni who act as intermediaries between Rotarians and Youth Exchange students. They provide mentoring and organize events with exchange students in their home country as a way to give back and keep their international connections alive.

Now Muje is a fifth-year medical student at the University of Turku and president of Rotex Finland, which has more than 80 members across the country's five districts.

Are Rotex clubs everywhere?

It depends on the area. In Germany, Taiwan, Brazil, and Finland, for example, Rotex is well established. There are other places where it is just getting started. And there are some countries







where Rotex alumni associations have yet to be founded or chartered with Rotary International.

Rotex alumni associations have organized four international conventions in different host cities. We founded Rotex International four years ago to spread awareness about Rotex. We have five board members from different countries. And last year, Rotex International was chartered as a Rotary alumni association, which gave us official standing in the Rotary family.

What's the role of Rotex in Rotary Youth Exchange?

In Finland, when someone applies for Rotary Youth Exchange, the Rotex members are there for the interviews to help the Rotarians choose the students who will go on exchange. When Rotarians host educational events for outbound students, we are there as well, to tell about our own experiences. And after the students come back home, we send them an email to invite them to join. Rotex is a good way to give back after a really good experience.

How else do you work with Rotarians?

Rotarians ask us to help with many local Rotary Youth Exchange events. In Finland, we help organize language and culture camps that are held at the beginning of an exchange. There are always 10 to 15 Rotex members who work as camp leaders. When Rotarians in Finland host tours for Youth Exchange students — the EuroTour or Lapland tour, for example — they also invite us to help with organization and practical things. We do smaller Rotex



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events as well, every month or two by district. We help promote exchanges by visiting schools and doing social media campaigns. And in some countries, such as Germany and the United States, Rotex members do fundraising events. As president of Rotex Finland, I also take part in Finnish Youth Exchange meetings to provide a youth opinion as they develop their programs.

Why did you join Rotex?

IhadagoodRotaryYouthExchangeexperienceinFrance,andwhen I got back I felt so empty. Rotex gives you a chance to continue interacting with people from other countries, and to get to know people who have had the same experience as you. It helps you readapt to your old life, which can be surprisingly difficult.

I joined Rotex in my hometown of Rovaniemi, which is in the north of Finland, on the Arctic Circle. When I moved to Turku in the south to attend university, I didn't know people outside of those I met at school. Rotex has helped me to make friends who do things in life other than medicine. I think that's really valuable.

(Source: www.rotary.org)

ROTARY CLUB OF MANGALORE STRIKES GOLD!

Rtn. Dr. Jeedhu Radhakrishnan, Rtn. Kevin Vas, Rtn. Dr. Arjun Nayak & Rtn. Ashwin Pai Maroor represented our club in the zonal sports event held on 8th November 2020 at Fr. Mullers sports complex.



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Rtn. Dr. Jeedhu Radhakrishnan represented our club in shuttle badminton singles event. He secured 1st place and won Gold medal.

Rtn. Kevin Vas & Rtn. Dr. Jeedhu Radhakrishnan represented our club in shuttle badminton doubles event.





Rtn.BuntyRajrepresentedourclubinTableTennissinglesevent. He secured 1st place and won Gold medal.

Rtn. Dr. Arjun Nayak & Rtn. Ashwin Pai Maroor represented our club in Table Tennis doubles event. They secured 1st place and won Gold medals.



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Club Diary - 05.11.2020 BLOCKCHAINS & BITCOINS

By CA Anwesh Shetty

The meeting started with an invocation by Rtn. Dr. Arjun Nayak. The President Rtn. Archibald then extended a warm welcome to the members, Anns and guests who were present for the meeting. With a brief introduction he also extended a warm welcome to the chief guest of the evening CA Anwesh Shetty. Members celebrating their anniversaries and birthdays during the week were wished. The President Rtn. Archibald informed the members that a board meeting was held on 2nd November 2020 and Club Secretary Rtn. Vishal Mallya read excerpts from the minutes of the meeting.

The President informed the members that as per the bye laws of our club in the 1st regular meeting of November the current President being the presiding officer has to call for candidatures from members in good standing to participate in the election for the governing body of our club i.e. the Board of Directors. Accordingly, he declared the elections for the Board of Directors and officers of Rotary club of Mangalore for the Rotary year 2021-22 and invited candidature for the offices of the President Nominee, Secretary, Treasurer, Vice President and four members of the Board of Directors. Written Application for the above 8 positions can be sent to President or Secretary. The last date to receive the application is 26th November 2020 and the last date for withdrawal of the candidature is 30th November 2020. In the event







of receiving multiple applications for any post, an election would be held in the Club meeting on 3rd December 2020.

The President informed that TRF committee has initiated the drive to mobilize TRF funds of from our club. We have always been the highest donors from our district and we are confident that this year too we will keep up the tradition. The chairman of the TRF committee Rtn. Dr. R L Kamath gave a brief insight on how the funds are utilised by the Rotary International and requested members to generously donate towards the TRF fund.

The Chief Guest of the evening was CA Anwesh Shetty. He was introduced by Rtn. CA Ranganath Shenoy. CA Anwesh specializes in GST and Enterprise Information System. Presently, he is recording a course on Blockchain for Chartered Accountants. He is the charter President of Karavali Toastmasters Club. He is also the Vice President-Membership of port town advanced toastmasters for the current year. Currently is also pursuing LLB, ACCA & PhD. He spoke on Blockchains & Bitcoins. He began his talk by explaining what crypto currency is. This currency doesn't have a form or physical existence and exists only in numerical form. The value of crypto currency depends on demand & supply and can be used for making purchases. He then explained how blockchain works and its importance with respect to crypto currency. He also explained in detail & with examples how blockchain will solve the trust issues between the buyers & sellers. A detailed Q&A session followed after the talk. Rtn. Sudhir Jalan delivered the vote of thanks and the meeting was adjourned.





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MEMBER MOMENTS

Rtn. Dr. Siddarth Shetty was the guest speaker for Pune Orthodontic Study Group on 6th November 2020.

Birthday Greetings



Rtn. Mithun Bhat Kakunje 11th November

Anniversary Greetings

Rtn. Dr Pramod Kumar and Ann Mamatha 9th November

Club Pulse

05.11.2020

Club Strength 98
Present 42
Absent 56
Percentage 42%
% After Make-up
29.10.2020 55%
22.10.2020 42%

Weekly Meeting

Thursday
At 7.00 PM
Online Meeting
(Zoom App)

Program Next Week

19.11.2020 To be Announced

Anns Invited

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